



School Skills: Change the Climate of Your Schools By Improving the Attitude of Your Students.

School Skills is a new comprehensive school-based intervention model based on the philosophies of Positive Behavior Support (PBS) and Dialectical Behavior Therapy (DBT). In the era of evidence-based intervention, these two empirically driven models provide the basis for a new way to work with the student body as a whole as well as design & implement interventions for more specialized instruction. School Skills provides supports for working with diagnoses such as Autism Spectrum Disorders including Aspergers and PDD NOS, mood disorders, general anxiety disorder and school phobia, behavior disorders, ADD/ADHD and personality disorders.

School Skills also provides protocols to address such high risk behaviors as substance abuse, eating disorders, violent behavior, risky sexual and self-harming behavior as well as strategies for reducing and eliminating more chronic, lower-risk behaviors such as truancy, school disengagement, student/teacher conflict and disruptive behavior. When implemented school-wide K-12, this skills-based model gives teachers, administrators & students the tools to communicate more effectively, manage emotions, increase attention, cope with stress & solve problems proactively. Participants will receive Group in a Box (one stop shopping for all your group needs) including syllabi, lesson plans, & activity suggestions, training in writing.