



The Preschool Student in the Classroom

The Preschool Student: Managing Difficult and Aggressive Behavior in the Classroom - Level I

Training Level: Introductory Level 1

Times: 2 Day Intensive Training

Suggested Audience: Teachers, School Counseling Staff, and School Administrators Outreach Workers, and Life Skills Counselors.

Instructor/Trainer: Alice Barber, LMHC, ATR-BC

The Preschool Student in the Classroom: Managing Difficult and Aggressive Behavior in the Classroom – Level 1, two day intensive workshop combine the emotional and behavioral functioning aspects of preschool children. This workshop will focus on clinical interventions for the early childhood classroom with particular attention on how children’s behavior and staff responses affect the classroom. This program will answer the questions, “What do I do with a preschool child that tantrums, is defiant, hits, kicks, pushes, or bullies?” “How do we set up a classroom environment that helps to support these children alongside their more age-appropriate peers”?

Day one training will begin with Instructor Alice Barber, a licensed mental health clinician and registered, board certified art therapist, who will present a broad overview of mental illness in young children. Participants will explore the many levels of emotional and behavioral functioning and how the impact of stress and trauma on children manifest in the classroom setting.

Day Two training explores the basic behavioral interventions for the early childhood classroom setting, including the definition and possible functions of a child’s behavior. Participants will discuss the development of positive behavior plans, sensory-based strategies and the physical and environmental considerations of the classroom. Ms. Barber will lead participants in a discussion of staff behaviors and how their leadership roles impact their students and the overall classroom environment.



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The Preschool Student: Managing Difficult and Aggressive Behavior in the Classroom - Level II

Training Level: Introductory Level 2

Times: 3 days (2 Day Intensive Training, 1 Day Classroom Observation and Teacher Consultation)

Suggested Audience: Teachers, School Counseling Staff, and School Administrators Outreach Workers, and Life Skills Counselors.

Instructor/Trainer: Alice Barber, LMHC, ATR-BC

The Level II workshop includes Level I two day training, and a 1-day classroom observation and teacher consultation. Observation will focus on specific needs of the classroom, the program, or an individual child. Upon completion of the classroom observation, a consultation will be conducted with the teacher, which includes development of specific classroom strategies.

The Preschool Student: Managing Difficult and Aggressive Behavior in the Classroom - Level III

Training Level: Level 3

Times: 3 days (2 Day Intensive Training, 1 Day Classroom Observation, Teacher Consultation, and On-going Program Consultation)

Suggested Audience: Teachers, School Counseling Staff, and School Administrators

Instructor/Trainer: Alice Barber, LMHC, ATR-BC

The Level III workshop includes the Level II training package (training, observation and consultation,) in addition this workshop offers an extensive, on-going program and classroom consultation to the early childhood school setting. Based upon individual classroom needs, a weekly or monthly classroom consultation will be schedule and an early childhood mental health program will be designed for the site.

Trainer Biography

Alice Barber, LMHC, ATR-BC. Ms. Barber is a licensed mental health clinician and registered, board certified art therapist. She specializes in the treatment of children (ages 3 and up) who are experiencing anxiety, trauma, divorce issues, loss, and mood disorders. Alice often combines play and art therapies to treat presenting behavioral issues. Ms. Barber continues to consult extensively for the early childhood centers, preschools and Head Start programs throughout Massachusetts and Connecticut around the emotional and behavioral health of young children.